

RICE OPTIONS

	HALF	FULL
YELLOW/WHITE RICE/PEAS	\$60.00	\$125.00
WHITE RICE/CHEESE	\$60.00	\$125.00
YELLOW RICE/VEGETABLES	\$60.00	\$125.00
BROWN RICE/VEGETABLES	\$60.00	\$125.00
BROWN RICE/ONIONS/ MUSHROOMS/CHEESE	\$60.00	\$125.00

POULTRY

	HALF	FULL
LEMON PEPPER CHICKEN	\$95.00	\$180.00
FRIED CHICKEN	\$95.00	\$180.00
BAKED CHICKEN	\$95.00	\$180.00
JERK CHICKEN	\$95.00	\$180.00
BAR-B-QUE CHICKEN	\$95.00	\$180.00
CHICKEN & BROCCOLI	\$95.00	\$180.00
SMOTHERED CHICKEN	\$90.00	\$180.00
LEMON PEPPER WINGS	\$95.00	\$180.00
LIME CHILI WINGS	\$95.00	\$180.00
JERK WINGS	\$95.00	\$180.00
GARLIC PARM WINGS	\$95.00	\$180.00
BUFFALO WINGS	\$95.00	\$180.00
CHICKEN & DUMPLINGS	\$95.00	\$160.00
CURRIED CHICKEN	\$95.00	\$160.00
CHICKEN WITH VEGETABLES	\$100.00	\$160.00
GARLIC CHICKEN & PASTA	\$100.00	\$160.00

Sandis

COOKING WITH LOVE AND SOUL
CATERING MENU

BEEF/PORK/FISH

	HALF	FULL
OX TAILS	\$95.00	\$180.00
BEEF TIPS	\$95.00	\$180.00
BOURBON MEATBALLS	\$95.00	\$180.00
CURRIED BEEF	\$95.00	\$180.00
BEEF RIBS	\$95.00	\$180.00
BEEF STEW	\$95.00	\$180.00
BEEF & BROCCOLI	\$95.00	\$180.00
PEPPER STEAK	\$95.00	\$180.00
FRIED PORK CHOPS	\$95.00	\$160.00
SMOTHERED PORK CHOPS	\$95.00	\$160.00
PORK & BEANS	\$95.00	\$160.00
JERK PORK CHOPS	\$85.00	\$160.00
PORK WITH VEGETABLES	\$85.00	\$160.00
PORK/BEEF/LAMB/MEATBALLS	\$95.00	\$160.00
FRIED WHITING	\$95.00	\$160.00
FRIED CATFISH	\$95.00	\$160.00
FRIED PORGIES	\$95.00	\$160.00
FRIED SNAPPER	\$95.00	\$160.00
FRIED SALMON	\$95.00	\$160.00

DESSERT OPTIONS

	HALF	FULL
APPLE COBBLER	\$85.00	\$160.00
PEACH COBBLER	\$85.00	\$160.00
BLUEBERRY COBBLER	\$85.00	\$160.00
BANANA PUDDING	\$85.00	\$160.00

PLEASE SPECIFY IF SETUP, UTENSILS OR SERVICE IS NEEDED

CUSTOMIZED MENU AVAILABLE STARTING AT \$35 PER PERSON

SOULBREAD

	HALF	FULL
	\$60.00	\$120.00

PASTA/VEGETABLES

	HALF	FULL
CHICKEN LASAGNA	\$110.00	\$180.00
VEGETABLE LASAGNA	\$110.00	\$180.00
BEEF LASAGNA	\$110.00	\$180.00
TURKEY LASAGNA	\$110.00	\$180.00
SHRIMP ALFREDO	\$110.00	\$180.00
CHICKEN ALFREDO	\$110.00	\$180.00
SEAFOOD PASTA BAKE	\$110.00	\$180.00
MAC AND CHEESE	\$110.00	\$180.00
HAM MAC AND CHEESE	\$110.00	\$180.00
BAKED ZITI	\$110.00	\$180.00
BAKED ZITI WITH SHRIMP	\$110.00	\$180.00
BAKED ZITI WITH BEEF	\$110.00	\$180.00
BAKED ZITI WITH SAUSAGE	\$110.00	\$180.00
MACARONI SALAD	\$75.00	\$160.00
POTATO SALAD (PLAIN/CURRIED)	\$75.00	\$160.00
SWEET POTATOES	\$70.00	\$90.00
CABBAGE	\$55.00	\$75.00
BLACK EYED PEAS	\$55.00	\$75.00
STRING BEANS	\$55.00	\$75.00
COLLARD GREENS	\$55.00	\$75.00
LIMA BEANS	\$55.00	\$75.00
SWEET FRIED CORN	\$55.00	\$75.00
MASHED WHITE POTATOES	\$55.00	\$75.00

CATERING ORDERS OF 25 OR MORE, WE WILL PROVIDE A
QUOTE BASED ON THE FINAL HEAD COUNT.